



Finally we can restart our favorite activity. However a few simple precautions must be taken and we must pay attention toward prevention of any possible infection to others and ourselves.

Covid-19 prevention rules

- follow all active and published public protocols and guidelines
- have the required medical statement and signed forms
- do not go to the dive center and do not dive if you have any suspicious symptoms or a body temperature of 37.5°C
- follow the Dive Center guidelines as described by its staff
- Use Personal Protection Equipment (PPE)
- bring your own drinking water container
- often wash or sanitize your hands
- sanitize your equipment and keep it away from potential contamination
- follow social distancing rules
- prefer your own equipment to rentals
- be conservative while restarting activities
- rehearse fundamental exercises at low depths
- plan the dives well within the safety limits and without obligatory decompression stops to minimize any possible emergency
- buddy equipment check must be made keeping a safe distance (you can!)
- Alternative air sources are sacred! They must be available when necessary (please do not play with them)
- use a mask antifog product rather than saliva!
- in case you come into close contact with the virus (ie. during an emergency) activate the necessary procedures to verify any virus infection
- keep informed on recent BLS procedures
- Please safely dispose of waste! - Think the future, protect Ocean Life!